

# alimentos

## ¡permitidos!



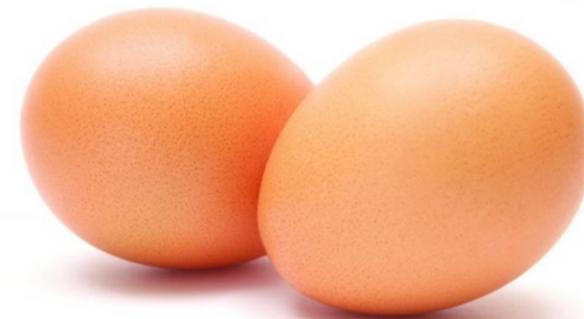
**grasas naturales**



**mariscos**



**carnes**



**huevos**



**verduras**



**quesos**